

## Lesson 20 / Psalm 91

### New International Version

#### Psalms 91

**1** He who dwells in the shelter of the Most High will rest in the shadow of the Almighty.  
**2** I will say of the LORD, "He is my refuge and my fortress, my God, in whom I trust."  
**3** Surely he will save you from the fowler's snare and from the deadly pestilence.  
**4** He will cover you with his feathers, and under his wings you will find refuge; his faithfulness will be your shield and rampart.  
**5** You will not fear the terror of night, nor the arrow that flies by day,  
**6** nor the pestilence that stalks in the darkness, nor the plague that destroys at midday.  
**7** A thousand may fall at your side, ten thousand at your right hand, but it will not come near you.  
**8** You will only observe with your eyes and see the punishment of the wicked.  
**9** If you make the Most High your dwelling—even the LORD, who is my refuge—  
**10** then no harm will befall you, no disaster will come near your tent.  
**11** For he will command his angels concerning you to guard you in all your ways;  
**12** they will lift you up in their hands, so that you will not strike your foot against a stone.  
**13** You will tread upon the lion and the cobra; you will trample the great lion and the serpent.  
**14** "Because he loves me," says the LORD, "I will rescue him; I will protect him, for he acknowledges my name."  
**15** He will call upon me, and I will answer him; I will be with him in trouble, I will deliver him and honor him.  
**16** With long life will I satisfy him and show him my salvation."

### New Living Translation

#### Psalms 91

**1** Those who live in the shelter of the Most High will find rest in the shadow of the Almighty.  
**2** This I declare of the LORD: He alone is my refuge, my place of safety; he is my God, and I am trusting him.  
**3** For he will rescue you from every trap and protect you from the fatal plague.  
**4** He will shield you with his wings. He will shelter you with his feathers. His faithful promises are your armor and protection.  
**5** Do not be afraid of the terrors of the night, nor fear the dangers of the day,  
**6** nor dread the plague that stalks in darkness, nor the disaster that strikes at midday.  
**7** Though a thousand fall at your side, though ten thousand are dying around you, these evils will not touch you.  
**8** But you will see it with your eyes; you will see how the wicked are punished.  
**9** If you make the LORD your refuge, if you make the Most High your shelter,  
**10** no evil will conquer you; no plague will come near your dwelling.  
**11** For he orders his angels to protect you wherever you go.  
**12** They will hold you with their hands to keep you from striking your foot on a stone.  
**13** You will trample down lions and poisonous snakes; you will crush fierce lions and serpents under your feet!  
**14** The LORD says, "I will rescue those who love me. I will protect those who trust in my name."  
**15** When they call on me, I will answer; I will be with them in trouble. I will rescue them and honor them.  
**16** I will satisfy them with a long life and give them my salvation."

## Amplified Bible

### Psalms 91

**1** HE WHO adwells in the secret place of the Most High shall remain stable *and* fixed under the shadow of the Almighty [Whose power no foe can withstand]. **2** I will say of the Lord, He is my Refuge and my Fortress, my God; on Him I lean *and* rely, *and* in Him I [confidently] trust! **3** For [then] He will deliver you from the snare of the fowler and from the deadly pestilence. **4** [Then] He will cover you with His pinions, and under His wings shall you trust *and* find refuge; His truth *and* His faithfulness are a shield and a buckler.

**5** You shall not be afraid of the terror of the night, nor of the arrow (the evil plots and slanders of the wicked) that flies by day,

**6** Nor of the pestilence that stalks in darkness, nor of the destruction *and* sudden death that surprise *and* lay waste at noonday. **7** A thousand may fall at your side, and ten thousand at your right hand, but it shall not come near you.

**8** Only a spectator shall you be [yourself inaccessible in the secret place of the Most High] as you witness the reward of the wicked. **9** Because you have made the Lord your refuge, and the Most High your dwelling place, **10** There shall no evil befall you, nor any plague *or* calamity come near your tent. **11** For He will give His angels [especial] charge over you to accompany *and* defend *and* preserve you in all your ways [of obedience and service]. **12** They shall bear you up on their hands, lest you dash your foot against a stone. **13** You shall tread upon the lion and adder; the young lion and the serpent shall you trample underfoot. **14** Because he has set his love upon Me, therefore will I deliver him; I will set him on high, because he knows *and* understands My name [has a personal knowledge of My mercy, love, and kindness—trusts and relies on Me, knowing I will never forsake him, no, never]. **15** He shall call upon Me, and I will answer him; I will be with him in trouble, I will deliver him and honor him. **16** With long life will I satisfy him and show him My salvation.

## The Message

### Psalms 91

**1** You who sit down in the High God's presence, spend the night in Shaddai's shadow,

**2** Say this: "GOD, you're my refuge. I trust in you and I'm safe!"

**3** That's right—he rescues you from hidden traps, shields you from deadly hazards.

**4** His huge outstretched arms protect you—under them you're perfectly safe; his arms fend off all harm.

**5** Fear nothing—not wild wolves in the night, not flying arrows in the day,

**6** Not disease that prowls through the darkness, not disaster that erupts at high noon.

**7** Even though others succumb all around, drop like flies right and left, no harm will even graze you.

**8** You'll stand untouched, watch it all from a distance, watch the wicked turn into corpses.

**9** Yes, because GOD'S your refuge, the High God your very own home,

**10** Evil can't get close to you, harm can't get through the door.

**11** He ordered his angels to guard you wherever you go.

**12** If you stumble, they'll catch you; their job is to keep you from falling.

**13** You'll walk unharmed among lions and snakes, and kick young lions and serpents from the path.

**14** "If you'll hold on to me for dear life," says GOD, "I'll get you out of any trouble. I'll give you the best of care if you'll only get to know and trust me.

**15** Call me and I'll answer, be at your side in bad times; I'll rescue you, then throw you a party.

**16** I'll give you a long life, give you a long drink of salvation!"