

## Lesson 14 / Psalm 116

### New International Version

**Psalms 116:1** I love the LORD, for he heard my voice; he heard my cry for mercy.  
**2** Because he turned his ear to me, I will call on him as long as I live.  
**3** The cords of death entangled me, the anguish of the grave came upon me; I was overcome by trouble and sorrow.  
**4** Then I called on the name of the LORD: “O LORD, save me!”  
**5** The LORD is gracious and righteous; our God is full of compassion.  
**6** The LORD protects the simplehearted; when I was in great need, he saved me.  
**7** Be at rest once more, O my soul, for the LORD has been good to you.  
**8** For you, O LORD, have delivered my soul from death, my eyes from tears, my feet from stumbling,  
**9** that I may walk before the LORD in the land of the living.  
**10** I believed; therefore I said, “I am greatly afflicted.”  
**11** And in my dismay I said, “All men are liars.”  
**12** How can I repay the LORD for all his goodness to me?  
**13** I will lift up the cup of salvation and call on the name of the LORD.  
**14** I will fulfill my vows to the LORD in the presence of all his people.  
**15** Precious in the sight of the LORD is the death of his saints.  
**16** O LORD, truly I am your servant; I am your servant, the son of your maidservant; you have freed me from my chains.  
**17** I will sacrifice a thank offering to you and call on the name of the LORD.  
**18** I will fulfill my vows to the LORD in the presence of all his people,  
**19** in the courts of the house of the LORD—in your midst, O Jerusalem. Praise the LORD.

### New Living Translation

Psalms 116:1 I love the LORD because he hears and answers my prayers.  
**2** Because he bends down and listens, I will pray as long as I have breath!  
**3** Death had its hands around my throat; the terrors of the grave overtook me. I saw only trouble and sorrow.  
**4** Then I called on the name of the LORD: “Please, LORD, save me!”  
**5** How kind the LORD is! How good he is! So merciful, this God of ours!  
**6** The LORD protects those of childlike faith; I was facing death, and then he saved me.  
**7** Now I can rest again, for the LORD has been so good to me.  
**8** He has saved me from death, my eyes from tears, my feet from stumbling.  
**9** And so I walk in the LORD’s presence as I live here on earth!  
**10** I believed in you, so I prayed, “I am deeply troubled, LORD.”  
**11** In my anxiety I cried out to you, “These people are all liars!”  
**12** What can I offer the LORD for all he has done for me?  
**13** I will lift up a cup symbolizing his salvation; I will praise the LORD’s name for saving me.  
**14** I will keep my promises to the LORD in the presence of all his people.  
Psalms 116:15 The LORD’s loved ones are precious to him; it grieves him when they die.  
**16** O LORD, I am your servant; yes, I am your servant, the son of your handmaid, and you have freed me from my bonds!  
**17** I will offer you a sacrifice of thanksgiving and call on the name of the LORD.  
**18** I will keep my promises to the LORD in the presence of all his people,  
**19** in the house of the LORD, in the heart of Jerusalem. Praise the LORD!

## Amplified Bible

Psalms 116:1 I LOVE the Lord, because He has heard [and now hears] my voice and my supplications.

2 Because He has inclined His ear to me, therefore will I call upon Him as long as I live.

3 The cords and sorrows of death were around me, and the terrors of Sheol (the place of the dead) had laid hold of me; I suffered anguish and grief (trouble and sorrow).

4 Then called I upon the name of the Lord: O Lord, I beseech You, save my life and deliver me!

5 Gracious is the Lord, and [rigidly] righteous; yes, our God is merciful.

6 The Lord preserves the simple; I was brought low, and He helped and saved me.

7 Return to your rest, O my soul, for the Lord has dealt bountifully with you.

8 For You have delivered my life from death, my eyes from tears, and my feet from stumbling and falling.

9 I will walk before the Lord in the land of the living.

10 I believed (trusted in, relied on, and clung to my God), and therefore have I spoken [even when I said], I am greatly afflicted.

11 I said in my haste, All men are deceitful and liars.

12 What shall I render to the Lord for all His benefits toward me? [How can I repay Him for all His bountiful dealings?]

13 I will lift up the cup of salvation and deliverance and call on the name of the Lord.

14 I will pay my vows to the Lord, yes, in the presence of all His people.

15 Precious (important and no light matter) in the sight of the Lord is the death of His saints (His loving ones).

16 O Lord, truly I am Your servant; I am Your servant, the son of Your handmaid; You have loosed my bonds.

17 I will offer to You the sacrifice of thanksgiving and will call on the name of the Lord.

18 I will pay my vows to the Lord, yes, in the presence of all His people,

19 In the courts of the Lord's house—in the midst of you, O Jerusalem. Praise the Lord! (Hallelujah!)

## The Message

Psalms 116:1 I love GOD because he listened to me, listened as I begged for mercy.

2 He listened so intently as I laid out my case before him.

3 Death stared me in the face, hell was hard on my heels. Up against it, I didn't know which way to turn;

4 then I called out to GOD for help: "Please, GOD!" I cried out. "Save my life!"

5 GOD is gracious—it is he who makes things right, our most compassionate God.

6 GOD takes the side of the helpless; when I was at the end of my rope, he saved me.

7 I said to myself, "Relax and rest. GOD has showered you with blessings.

8 Soul, you've been rescued from death; Eye, you've been rescued from tears; And you, Foot, were kept from stumbling."

9 I'm striding in the presence of GOD, alive in the land of the living!

10 I stayed faithful, though bedeviled, and despite a ton of bad luck,

11 Despite giving up on the human race, saying, "They're all liars and cheats."

12 What can I give back to GOD for the blessings he's poured out on me?

13 I'll lift high the cup of salvation—a toast to GOD! I'll pray in the name of GOD;

14 I'll complete what I promised GOD I'd do, and I'll do it together with his people.

15 When they arrive at the gates of death, GOD welcomes those who love him.

16 Oh, GOD, here I am, your servant, your faithful servant: set me free for your service!

17 I'm ready to offer the thanksgiving sacrifice and pray in the name of GOD.

18 I'll complete what I promised GOD I'd do, and I'll do it in company with his people,

19 In the place of worship, in GOD'S house, in Jerusalem, GOD'S city. Hallelujah!