



## Knowing God by Name

# Review and Reflection Questions

1. Share with your small group one of the following:
  - A word or phrase that describes what you feel about your study of the Names of God;
  - Something you learned that you didn't know before you did this study;
  - A way or time that God met you or seemed to speak to you during the study;
  - A way your relationship with God has changed because of the study.
2. Reread the *Overview Lesson*. What, in this lesson, makes more sense or is more meaningful now that you have completed this study on the *Names of God*?
3. In the *Overview Lesson* we learned that God's names not only describe God, but also contain his *presence* and are *synonymous* with God himself. What are some specific ways you have experienced God's *presence* as you have studied his *names*? When have you been most aware of his presence?
4. The following are some *Heart Therapy* exercises for these lessons. Which ones were you able to practice and how did they impact you and your relationship with God?
  - Spend time alone with God, looking for his loveliness and goodness in creation.
  - Worship God using music.
  - **Proclaim, Pray, Praise** and **Place your trust** in one of God's promises.
  - Intentionally serving another person using the "*one another verses*."
  - Praying for someone who was in a hard time using *Psalms 20* – that God would be their **Banner**.
  - Using the meditative method of *Lectio Divina*.
  - Reciting and praying *Psalms 23*.
  - Spending time alone with God in an "*obedience check*."
  - Finding little ways to "*practice the Presence of God*."
  - Worshipping God using what you have learned about him in his names.
5. Share any areas of your life (thoughts, attitudes, opinions or behavior) that have changed as a result of your study of the *Names of God*.
6. What is something that you absolutely don't want to forget from your study of the *Names of God*?
7. What is something that surprised you in this study? What was a favorite lesson?
8. How do you view and experience God differently now that you have learned about his names?
9. What impact did practicing at least *5 minutes of silence* before God, learning to be still in his presence, have on you? Will you continue this practice? Why or why not?
10. Below is a list of all the Names of God that we studied in this course. As you review the list, what is something you remember about each name? Which name is most meaningful to you? Why?

*Elohim* – Mighty Creator  
*El* – God of Power and Might  
*El Roi* – The God Who Sees You  
*El Shaddai* – God Almighty  
*El Elyon* – Most High God  
*El Olam* – The Eternal God

*Adonai* – Lord and Master  
*Yahweh* – The Self-Existent One  
*Yahweh Jireh* – The LORD Provides  
*Yahweh Rophe* – The LORD Heals  
*Yahweh Nissi* – The LORD is My Banner  
*Yahweh Shalom* – The LORD is Peace

*Yahweh Sabaoth* – The LORD of Hosts  
*Yahweh Rohi* – The LORD is My Shepherd  
*Yahweh Tsidkenu* – The LORD our Righteousness  
*Yahweh Shammah* – The LORD is There  
*Yahweh Makadesh* – The LORD Who Makes You Holy  
*Father, Pater, Abba* – Our Father